## **PNV-DHA Label**

### **Rx Only Dietary Supplement**

**DESCRIPTION:** PNV-DHA is a prescription prenatal/postnatal multivitamin/mineral/essential fatty acid softgel. Each softgel is cobalt blue in color, opaque, and imprinted with "BP321" on one side and blank on the other. PNV-DHA can also be beneficial in improving the nutritional status of women prior to conception.

# Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 30

	Amount Per Serving	% Daily Value	% Daily Value for Pregnant and Lactating Women
Calories	10		
Total Fat	0.5 g	<1%*	<1%*
Vitamin C (ascorbic acid)	85 mg	94%	71%
Vitamin D (cholecalciferol)	5 mcg	25%	33%
Vitamin E (dl-alpha tocopheryl acetate)	4.5 mg	30%	24%
Vitamin B <sub>6</sub> (pyridoxine HCI)	25 mg	1471%	1250%
Folate ((6S)-N5-methyl- tetrahydrofolic acid calcium salt (equivalent to 600 mcg of folic acid) and folic acid, USP 400 mcg)	1700 mcg DFE	425%	283%
Vitamin B <sub>12</sub> (cyanocobalamin)	12 mcg	500%	429%
Calcium (calcium carbonate)	140 mg	11%	11%
Iron (ferrous fumarate)	27 mg	150%	100%
Magnesium (magnesium oxide)	45 mg	11%	12%
Docosahexaenoic Acid (DHA from omega-3 fatty acids)	300 mg	†	†
† Daily Value (DV) not established.		diat	

<sup>\*</sup>Percent Daily Values (DV) are based on a 2,000 calorie diet

#### PNV-DHA contains fish oil and soy.

**OTHER INGREDIENTS:** Beeswax, soy lecithin and vegetable shortening. Coating contains: Bovine gelatin, FD&C Blue No. 1, FD&C Red No. 3, glycerin, purified water and titanium dioxide. Contains Soy.

**INDICATIONS:** PNV-DHA is a multivitamin/multimineral fatty acid dietary supplement indicated for use in improving the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers.

**CONTRAINDICATIONS:** PNV-DHA is contraindicated in patients with a known hypersensitivity to any of the ingredients.

**WARNINGS:** Ingestion of more than 3 grams of omega-3 fatty acids (such as DHA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ration (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

**PRECAUTIONS:** Folic acid alone is improper therapy in the treatment of pernicious anemia and other

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megaloblastic anemias where Vitamin  $B_{12}$  is deficient. Folic acid in doses above 1.0 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress.

**DIRECTIONS:** Adults only. Take one capsule daily, as a dietary supplement, or as directed by a physician.

**WARNING**: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**ADVERSE REACTIONS:** Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

**DOSAGE AND ADMINISTRATION:** Before, during and/or after pregnancy, one softgel daily or as directed by a physician.

**HOW SUPPLIED:** Bottles of 30 softgels (42192-321-30). The listed product number is not a National Drug Code. Instead, Acella Pharmaceuticals has assigned a product code formatted according to standard industry practice to meet the formatting requirements of pharmacy and healthcare insurance computer systems.

**STORAGE:** Store at 20° - 25°C (68° - 77°F); excursions permitted to 15° - 30°C (59° - 86°F) [See USP Controlled Room Temperature.]

All prescription substitutions and/or recommendations using this product shall be made subject to state and federal statutes as applicable. Note: This is not an Orange Book product. No representation is made as to generic status or bioequivalency.

THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

KEEP THIS AND ALL MEDICATIONS OUT OF THE REACH OF CHILDREN.

#### **MANUFACTURED FOR:**

Acella Pharmaceuticals, LLC Alpharetta, GA 30005 1-800-541-4802 L-0149 Rev. 1024-02